

A big thank you for all your help with M.  
It was so appreciated when you  
attended the school meeting with me.

I am extremely grateful to have found  
Michelle. We have benefited greatly as  
a family from the work we have done  
together.

It helped me to understand the real  
questions I was raising, not the ones I  
thought I was asking. Michelle is very  
perceptive, able to use exercises to  
demonstrate the why of behaviours.

## What our clients say

Thank you so much. I really valued  
having someone to talk to who didn't  
judge me. I felt understood and didn't  
find it at all awkward.

Michelle was very friendly and came  
across as much.  
She was patient and kind at a very  
emotional time in mine and my family's  
life.